

Class C- Unit 5
Learning from mistakes



TASK 1

Read the quote by John F Kennedy and comment on the message it conveys.

“Only those who dare to fail greatly can ever achieve greatly.” -Robert Kennedy

TASK 2

Life begins at the end of your comfort zone

1. What do we mean when we refer to our “comfort zone” and why are people reluctant to step out of it? Give examples to support your answer.

2. Can you think of times when you had to step out of your comfort zone? Can you think of a challenging experience that helped you grow? Give examples to support your answer.

TASK 3

(i) Watch Yubing Zhang speak about how life begins at the end of one's comfort zone and answer the questions that follow.

<https://www.youtube.com/watch?v=cmN4xOGkxGo>

Choose the best answer A, B or C.

1. Yubing Zhang relates the bungee jumping incident to _____.

- A.** describe how she took up a scary hobby
- B.** summarise how she overcame her fear of heights
- C.** show what a transformational experience it was

2. Chia's story shows that most of us _____.

- A.** do not realise the limitations our comfort zones impose on us
- B.** are unaware of what infinite potential lies within our comfort zone
- C.** are fully conscious of the fact that all progress takes place outside the comfort zone

3. The speaker thinks that her audience will, most probably, find Chia and John's stories _____.

- A.** farfetched
- B.** relatable
- C.** extraordinary

4. Which of the following sentences is correct?

- A.** Stepping out of your comfort zone evokes feelings of familiarity.
- B.** The more you face fear, the less it will resurface.
- C.** Fear is something we have no power over because it is inherent.

5. The tone of the video is _____.

- A. light-hearted
- B. bleak
- C. optimistic

(ii) Fill in the blanks with words/phrases from the box.

underlying, transformational, breaks through, pursuing, redefine, pushing beyond, passion

Leaping off buildings wasn't exactly something Oxford graduate and Stanford Postgrad student Yubing Zhang ever thought she'd do. But 1. _____ her comfort zone and taking that leap taught her more than she could have ever imagined. A series of 2. _____ moments led her to utterly change her understanding of fear and courage, 3. _____ her comfort zones and push herself to the edge. In doing so, she has experienced the unlimited potential that exists when one 4. _____ their comfort zone and is dedicated to inspiring others to do the same. She thus coaches others to share their 5. _____, ideas and extraordinary stories. She believes that trying something new like 6. _____ a dream or desire can be unnerving; however, change will not come until one musters the courage to set their 7. _____ fears aside.

TASK 4

Watch Jeff Bezzos speak about failures at Amazon and do the questions that follow. (<https://www.youtube.com/watch?v=l9CKa90Leh0>)

1. Bezzos mentions a list of unsuccessful products to _____.

- A. highlight how failure obstructed the development of similar technologies
- B. give a concrete example of a failed product
- C. show how failure helped them learn lessons and strive for success

2. Jeff Bezzos says that he aims to foster _____ his employees.

- A. cooperation between
- B. pride in
- C. innovation among

3. According to Jeff Bezzos, _____ Amazon's success.

- A. failure was critical to
- B. employee engagement is irrelevant to
- C. betting billions of dollars contributed

4. Which quotation is in line with Bezzos' philosophy?

- A. "Failure is a dead-end street."
- B. "Success usually comes to those who are too busy looking for it."
- C. "Failure is success in progress."

5. The purpose of the video is to ____.

- A. inspire
- B. inform
- C. persuade

TASK 5

(10 marks)

(i) Read the article about Lisa Nichols and answer the questions that follow.

Lisa Nichols

Lisa Nichols is one of the world's most-requested motivational speakers, as well as a media personality and corporate CEO whose global platform has reached nearly 80 million people. Her motto "Failure is not failure until you refuse to rise after falling", has touched the hearts and minds of millions. No matter however many times she got rejected, she refused to accept defeat and give up. Lisa's is a true rags-to-riches story. From a struggling single mom on public assistance to a millionaire entrepreneur, Lisa's courage and determination has inspired fans worldwide and helped countless people to discover their own untapped talents and infinite potential.

As Founder and Chief Executive Officer of Motivating the Masses, Inc., Lisa has developed workshops and programmes that have transformed the lives of countless men and women and altered the trajectory of businesses throughout the country and across the world.

Lisa is also a best-selling author of six books, and her 7th book *Abundance Now*, was published in 2016 by HarperCollins. In *Abundance Now*, Lisa continues her journey with her fans, providing a clear and practical blueprint for personal success, drawn directly from the life experiences of its beloved author. *Abundance Now* is the sequel to Lisa's New York Times Best Seller, *No Matter What*.

Lisa's extraordinary story of transforming her own life from public assistance for her family to leading a multi-million dollar enterprise is the inspiration behind her bold mission to teach others that it is possible to do the same. Today, fans worldwide revere

Lisa for her mastery of teaching people how to accomplish unfathomable goals and tap their limitless potential.

A noted media personality who has appeared on Oprah, The Today Show, The Dr. Phil Show, The Steve Harvey Show, and Extra – just to name a few, is also celebrated for the way she has influenced teenagers. Through Lisa’s non-profit foundation *Motivating the Teen Spirit*, she has touched the lives of over 270,000 teens, prevented over 3,800 teen suicides, supported 2,500 dropouts in returning to school, and has helped thousands reunite with families.

Lisa has been bestowed with numerous prestigious awards and honors bestowed upon Lisa for her extensive work , dedication to service, philanthropy and healing. She lives and works in the greater San Diego, California area and on stages around the world, working alongside her world-class team committed to motivating the masses.

Adapted from: <https://motivatingthemasses.com/about/lisa-nichols/>

1. How many people comprise Lisa’s following?
_____ (1)
2. What does the writer mean when she says that “Lisa’s is a true rags-to riches- story?”
_____ (1)
3. What genre do Lisa’s books belong to?
_____ (1)
4. Why do people respect Lisa Nichols? Mention 2 details.
_____ (1)
5. What practical impact has Lisa Nichols made on young people’s lives? Mention three details.

_____ (3)
6. What does the article tell us about Lisa Nichol’s character? Mention 3 details.

_____ (3)

(ii) Watch the inspirational talk by Lisa Nichols and comment on the way the message it conveys reflects her character.

(<https://www.youtube.com/watch?v=CWpiCOmbVuY>)

TASK 6

Watch Lady Gaga's Oscar nomination speech and explain why it is inspirational.

<https://www.youtube.com/watch?v=PJx6M5oJ0SU>

TASK 7 – Writing: Email

You recently visited a rather bizarre museum. Write an email to your English-speaking friend telling him/her about it. In your email you should:

- explain why you chose to visit the particular museum
- describe the museum, explaining what was unusual about it
- say how the experience made you feel.



Your email should be between 150 and 200 words long.

TASK 8- Writing: Article

An English Language Magazine is asking for articles in response to the following statement:

Failure is proof that the desire wasn't strong enough.
To what extent do you agree or disagree? Give reasons to support your opinion.

Write an article giving your views. Here are two comments from your classmates:

If you are passionate about something, failure can never deter you from reaching your goals; quite the opposite.

Many people fail because they are not disciplined enough to strive for what they are supposed to love.

Your article should be between 200 and 250 words long.