

**ΤΕΛΙΚΕΣ ΕΝΙΑΙΕΣ ΓΡΑΠΤΕΣ ΕΞΕΤΑΣΕΙΣ
ΣΧΟΛΙΚΗ ΧΡΟΝΙΑ 2025- 2026**

Μάθημα: Αγγλικά

Επίπεδο: Ε6

Διάρκεια: 30 λεπτά

Ημερομηνία: 18 Μαΐου 2026

ΔΟΚΙΜΙΟ ΑΚΡΟΑΣΗΣ-ΚΑΤΑΝΟΗΣΗΣ

**ΤΟ ΕΞΕΤΑΣΤΙΚΟ ΔΟΚΙΜΙΟ ΑΠΟΤΕΛΕΙΤΑΙ ΑΠΟ ΠΕΝΤΕ (5) ΣΕΛΙΔΕΣ
ΟΛΕΣ ΟΙ ΑΠΑΝΤΗΣΕΙΣ ΝΑ ΓΡΑΦΟΥΝ ΣΤΟ ΕΞΕΤΑΣΤΙΚΟ ΔΟΚΙΜΙΟ**

PART I: LISTENING

(30 MARKS)

Exercise 1

You will hear people talking in eight different situations. For questions 1-8, choose the best answer (A, B or C). (8×1=8 marks)

1. You hear a man talking about gardening.

What does the man say about his gardening experience?

- A.** He was unsure at first but is pleased with the results.
- B.** He found gardening more difficult than he had expected.
- C.** He regrets not learning more before starting.

2. You hear a woman talking about her sister.

What does she say about her sister?

- A.** She often reacts strongly and struggles to forgive people.
- B.** She feels hurt by others but usually puts the experience behind her.
- C.** She has become more confident since changing schools.

3. You will hear a man and a woman talking about a holiday trip.

What does the woman say about her holiday?

- A.** The travel problems affected her enjoyment of the trip.
- B.** She found the airport delays more stressful than expected.
- C.** She enjoyed the journey more than the holiday itself.

4. You overhear two girls in a shopping mall.

What problem does the first girl have while shopping?

- A. She isn't sure which cosmetics suit her.
- B. She doesn't have enough money with her.
- C. She has a problem paying at the till.

5. You will hear a university professor welcoming his students.

What does the professor advise the students to do?

- A. Ask for an extension if they have problems with deadlines.
- B. Organise their time carefully and follow the course rules.
- C. Make use of online resources to replace attending some classes.

6. You will hear two students discussing potential summer jobs.

What does the male student think about applying for the marketing job?

- A. It would be better to wait until he has more experience.
- B. The salary is too low to make the job worthwhile.
- C. It is unlikely to succeed but still worth considering.

7. You will hear two women talking about their plans for the weekend.

What do the speakers agree about the new season of the TV series?

- A. It is more entertaining than they expected.
- B. It is worse than the previous season.
- C. It depends heavily on the performance of one actor.

8. You hear a young man talking about a lifestyle change.

How does the speaker feel about their current level of fitness?

- A. He is satisfied but wants to reduce how often he exercises.
- B. He feels encouraged by the progress he has made.
- C. He believes it will take a long time to see real improvement.

Exercise 2

You will hear **Jessy Vee** talking about her experience as a **YouTuber**. For questions 1-10, complete the sentences with a word or short phrase. (10x1=10 marks)

Jessy sometimes produces themed video series, one example of which is called (1) _____.

The total number of views on her channel has now reached (2) _____.

Jessy currently lives in (3) _____, where she records most of her content.

On Sundays, Jessy focuses on (4) _____ ideas for her videos.

Recording a single video normally requires about (5) _____.

From Tuesday to Friday, Jessy spends most of her time (6) _____ videos.

Reaching about 700,000 subscribers marked a (7) _____ in her online career.

Some early negative comments were about Jessy's (8) _____.

Jessy believes people who write (9) _____ comments often feel bad about their lives.

She advises new creators to think carefully about online (10) _____.

Adapted from: <https://learnenglishteens.britishcouncil.org/study-break/reading-zone/b2-graded-reading/life-youtuber-b2>

Exercise 3

You will hear five people talking about their experiences during lockdown. For questions 1-5, choose from the list (A-H) what each speaker says. Use the letters only once. There are three extra letters which you do not need to use. (5x1=5 marks)

A) I appreciated social contact more than before.
B) I found ways of maintaining emotional self-control.
C) I developed greater independence in everyday life.
D) I improved my physical fitness.
E) I understood that I could handle challenging situations.
F) I realised that my well-being deserved more attention.
G) I found joy in creative activities.
H) I adopted healthier everyday habits.

Speaker 1

Speaker 2

Speaker 3

Speaker 4

Speaker 5

Exercise 4

You will hear an interview with Louise Mabulo, who is talking about her personal journey with farming traditions and how they continue to influence her approach to food and the environment. For questions 1-7, choose the best answer (A, B or C). (7x1=7 marks)

1. What does Louise suggest about her childhood experiences with farming?

- A.** They were more influential than she realised at the time.
- B.** They immediately shaped her career ambitions.
- C.** They were enjoyable but lacked practical value.

2. Why did some of her family's farming advice seem strange to Louise as a child?

- A.** Because it was based on beliefs that had no scientific support.
- B.** Because it lacked an explanation she could understand.
- C.** Because it required too much effort to put in practice.

3. What does Louise describe herself at that stage of her life?

- A. Respectful but not yet ready to accept everything she was told.
- B. Curious and eager to experiment with new ideas.
- C. Critical of traditional ways and keen to challenge them.

4. What primarily led Louise to reconsider traditional practices?

- A. Academic study of agriculture.
- B. Awareness of environmental challenges.
- C. Pressure from farming communities.

5. What point does Louise make about practices such as planting by the moon?

- A. Their value lies mainly in cultural tradition.
- B. Their effectiveness depends on modern science.
- C. Their origins lie in long-term observation.

6. What broader idea does Louise associate with traditional farming knowledge?

- A. The need to preserve farming traditions unchanged.
- B. The importance of cooperating with natural systems.
- C. The limitations of modern agricultural methods.

7. What is the main message Louise wants listeners to remember?

- A. Innovation should replace traditional approaches.
- B. Climate change demands immediate global action.
- C. Existing knowledge can inform future solutions.

Adapted from: A Climate Solution? The Wisdom Passed Down Through Generations | Louise Mabulo | TED

https://www.youtube.com/watch?v=SCWFVd_FiAU