

ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ, ΑΘΛΗΤΙΣΜΟΥ ΚΑΙ ΝΕΟΛΑΙΑΣ
ΔΙΕΥΘΥΝΣΗ ΜΕΣΗΣ ΓΕΝΙΚΗΣ ΕΚΠΑΙΔΕΥΣΗΣ
ΚΡΑΤΙΚΑ ΙΝΣΤΙΤΟΥΤΑ ΕΠΙΜΟΡΦΩΣΗΣ

ΤΕΛΙΚΕΣ ΕΝΙΑΙΕΣ ΓΡΑΠΤΕΣ ΕΞΕΤΑΣΕΙΣ
ΣΧΟΛΙΚΗ ΧΡΟΝΙΑ 2025-2026

Μάθημα: **Αγγλικά** Επίπεδο: **E3 (Ενηλίκων)** Διάρκεια: **1:30 ώρες** Ημερομηνία: **19 Μαΐου 2026**

Όνομα Διδάσκοντος/ουσας: _____ Βαθμός ολογράφως: _____

Υπογραφή: _____ Βαθμός αριθμητικά: _____

ΟΝΟΜΑΤΕΠΩΝΥΜΟ ΜΑΘΗΤΗ/ΤΡΙΑΣ: _____

ΔΟΚΙΜΙΟ ΚΑΤΑΝΟΗΣΗΣ ΓΡΑΠΤΟΥ ΛΟΓΟΥ

ΤΟ ΕΞΕΤΑΣΤΙΚΟ ΔΟΚΙΜΙΟ ΑΠΟΤΕΛΕΙΤΑΙ ΑΠΟ ΟΚΤΩ (8) ΣΕΛΙΔΕΣ
ΟΛΕΣ ΟΙ ΑΠΑΝΤΗΣΕΙΣ ΝΑ ΓΡΑΦΟΥΝ ΣΤΟ ΕΞΕΤΑΣΤΙΚΟ ΔΟΚΙΜΙΟ

PART II: READING AND USE OF ENGLISH

(60 MARKS)

A) Read the text in each box. What does it say? For each text choose the correct answer A, B or C.

(5x2=10 marks)

1. WE ARE HIRING! We need reliable and polite staff to join our weekend team. Experience is not essential, as full training will be provided.	People applying for the job: A. Must have worked in a shop before. B. Must be willing to learn the job skills. C. Must be available to work every day.
2. Online order message Your package has been delivered to your door at 6 o' clock in the afternoon. Please notify us if not found.	A. Wait for their phone call. B. Go to the post office. C. Call if you do not find the package.
3. NOTICE <i>Staff are reminded that the car park is for employees only between 8 a.m. and 6 p.m.</i>	A. Visitors may use the car park during working hours. B. Only employees may park there during 8 am and 6 pm. C. Workers can park there only after 6 p.m.

4. SWIMMING POOL USERS Please be aware that the lockers are only for temporary use (maximum 2 hours). Any property left longer than this will be removed by staff.	A. You must pay to use a locker for two hours or less. B. You can only keep your things in a locker while you are in the pool. C. It is possible that your belongings will be taken out if you leave them too long.
5. Hi Jane, I'm having a wonderful time here. We went hiking in the mountains yesterday, but the weather was awful and it rained heavily all day! Tomorrow we are going to look for a market where I can buy a souvenir for you. See you soon! Tom	What is Tom going to do tomorrow? A. Go shopping to find a present for Jane. B. Go hiking in the mountains, hoping for better weather. C. Stay inside because of the bad weather.

B) The people below are looking for a new book. Decide which book would be the most suitable for each person. For paragraphs 1-5 mark the correct letter (A-E) in the box below.
(5x2=10 marks)

1. Oliver loves books that make him puzzled but at the same time excited. He prefers stories about crimes in history, and he appreciates a plot that builds slowly to a dramatic reveal with a clever problem-solver as the hero.	A. The King's Puzzle: Exciting fantasy set in a magical land with non-stop action and twists.
2. Jessica is looking for a book that can teach her a new skill. She wants practical instructions for growing plants. She needs the book to contain lots of visual help.	B. Simple Dishes, Low Budget: Practical recipe book for beginners, using cheap, common ingredients.
3. Liam enjoys reading non-fiction. He wants a book about the life of a real person who achieved great success in a challenging profession. He prefers a style that sounds personal and friendly.	C. Beyond the Clouds: Autobiography of a pilot, written in a personal, friendly style.
4. Emily is a student who enjoys cooking but has never been taught. She needs a book that focuses only on simple, basic meals that use cheap ingredients. She doesn't want to spend time reading long stories or detailed food histories.	D. Your Urban Garden: Illustrated guide for growing vegetables in small spaces like balconies.

5. Marcus loves books that involve a completely different world with unique rules and creatures. He wants a book that keeps him entertained and constantly surprised, with lots of dramatic scenes and a big plot twist.	E. The Quiet Detective: Historical crime mystery focused on a detective's logic and problem-solving.
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1.	2.	3.	4.	5.
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C) Read the text and the questions below. For each question, choose the correct answer A, B or C. (5x2=10 marks)

Connecting Families: Old and New Digital Habits

Today, many grandparents are using social media to stay in touch with their families. In the UK, more people over 55 are joining Facebook. Soon, they will be the second-largest group on the site.

Sheila, who is 59, uses Facebook to see photos and videos of her grandchildren. She says it is much faster than waiting for letters in the post. She feels lucky because she can see more of her family's life than her own grandparents could.

However, young people like Sheila's grandchildren are leaving Facebook. There are only 2.2 million users under 17 in the UK. Instead of Facebook, they use their smartphones for any other apps or uses. Chloe, age 15, even sleeps with her phone next to her because she uses it as an alarm clock. She checks it immediately when she wakes up for new messages or information.

There is a big difference in how these generations use technology:

Older people, like Sheila, use the internet to find old friends and plan to meet them in person. It improves their social life.

Younger people, like Cloe, spend so much time on their phones at home that they see their friends in real life less often.

Of course, teenagers might learn these habits from their parents. Peter, a 38-year-old father, realized he was spending too much time on his laptop and phone. He felt like he was always working. To set a better example for his children, he now switches his smartphone for an old mobile phone at weekends. This old phone can only make calls and send texts. Now, he spends more "quality time" with his family.

Will grandparents and teenagers also try to live a less digital life in the future?

(Adapted from <https://learnenglish.britishcouncil.org/skills/reading/b1-reading/digital-habits-across-generations>)

1. Why does Sheila prefer using Facebook to communicate with her family?

- A. She enjoys playing online games with her grandchildren.
- B. It is a faster and more detailed way to see her grandchildren's lives.
- C. She doesn't like writing letters because it is too expensive.

2. What is the current trend for UK teenagers under the age of 17?

- A. They are using Facebook more than any other age group.
- B. They are not using Facebook but still use their phones a lot.
- C. They are spending more time meeting friends in person.

3. According to the text, how has Facebook affected Sheila's social life?

- A. It has helped her reconnect and meet up with people from her past.
- B. It has made her stay at home more often to talk to friends online.
- C. It has made her feel lonely because her friends don't use it.

4. Why did Peter decide to change his technology habits?

- A. His smartphone was broken and he couldn't afford a new one.
- B. He wanted to show his children a better way to balance screen time.
- C. His boss told him he was working too much at weekends.

5. How does Peter limit his internet use during the weekends?

- A. He turns off his phone and puts it in a drawer.
- B. He gives his smartphone to his children to look after.
- C. He uses a basic phone that can only call and text.

D) Put a (✓) in the correct box to say whether the following statements are TRUE or FALSE according to the passage. (5x2=10 marks)

Peter Fuller: The Artist Who Loves Mountain Biking

There is a common idea that artists do not like sports, but mountain biking is a very big part of my life. It takes me out of my art studio and into the fresh air of the countryside. But more importantly, when you are riding as fast as you can, you have no time to worry about your problems. You are too busy trying not to fall off! You only think about the pain in your legs and the rocks on the ground in front of you.

I am in my sixties now, but I started cycling when I was a young boy. In the summer, my friends and I rode our bikes into the woods. We wanted to see who was brave enough to go down steep hills or do high jumps. Our bikes back then were not very strong and they often broke. Because of this, I used to draw pictures of bikes with very thick tyres that wouldn't break. They looked exactly like modern mountain bikes. However, nobody actually made a bike like that until many years later. By the 1980s, they were everywhere.

Before I started mountain biking, I had been a skateboarder for ten years. I stopped because falling onto the hard ground started to hurt too much. Mountain biking seemed like a safer way to stay healthy, so I started doing that instead. I made many new friends and began racing. This gave me a reason to practice hard. I wanted to see how fast and fit I could be. I was actually quite good and even won some local races.

In the end, I stopped racing. I was worried that if I had a bad accident, I wouldn't be able to do my job as an artist. But I still go for a three-hour ride every week. And when I cycle in the hills and see another rider in front of me, I feel the need to try to pass them. As I go past, I think about how surprised they would be if they knew my age!

(Adapted from: <https://www.cambridgefoundation.jp/pdf/ceq/b1/B1%20Preliminary%202020%20sample%20tests%20Reading%20-%20question%20paper.pdf>)

	TRUE	FALSE
1. Peter believes that concentrating fully on mountain biking helps him forget his worries.		
2. The bikes Peter had as a child were perfectly designed for the steep hills he liked to ride on.		
3. Peter only started cycling again after the invention of modern mountain bikes in the 1980s.		
4. Peter began mountain bike racing primarily to make new friends.		
5. Peter continues to ride his mountain bike for three hours every day of the week.		

E) Read the following paragraph about the ancient Roman city of Pompeii and choose A, B or C to fill each gap. (5x2=10 marks)

The ancient Roman city of Pompeii, (1) _____ was destroyed by a volcano many centuries ago, has been the site of amazing archaeological finds for hundreds of years. However, the work (2) _____ done carefully, as the fragile ruins can easily be damaged. Recently, a team of researchers announced that they (3) _____ a completely new street, which had never been explored before. This street (4) _____ covered in thick ash, so the buildings are remarkably well-preserved. It is believed that the team (5) _____ excavating this new area for at least six months before they release a final report.

1.	A. who	B. which	C. where
2.	A. must to be	B. must be	C. should being
3.	A. have discovered	B. discovered	C. have been discovering
4.	A. still is	B. is still	C. still has
5.	A. have been	B. is going	C. will be

F) Complete the text with the correct form of the words in brackets. (5x2=10 marks)

Shopping for clothes can be a truly (1) _____ (WONDER) experience when you find exactly what you are looking for. However, many shoppers today are encouraged to buy cheap, highly (2) _____ (FASHION) items. This mass-production system creates enormous waste. The production process itself is often highly (3) _____ (EXHAUST) for the factory workers. Unfortunately, there is a major (4) _____ (UNDERSTAND) about how much clothing we actually need. If we fix this, it will eventually lead to a noticeable (5) _____ (IMPROVE) in how we look after our planet.

PART III: WRITING (40 MARKS)

A) Your friend Sarah is having trouble managing her time. She often feels stressed because she has too much homework and not enough time for hobbies or rest.

Write an email of advice to Sarah, including:

- **A greeting**
- **The reason you are writing**
- **Your advice (2-3 suggestions to help your friend manage her time better)**
- **A closing remark**

Your email should be 80 – 100 words. (1x20=20 marks)

Dear Sarah,

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Love,

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B) A student magazine is asking readers to send reviews of books they have recently read. Write a review of a book you have read lately for the magazine. (80–100 words)

In your review, you should:

- Describe the type of book and what the story is about.
- Explain what the strong and weak points of the book were (characters, plot, ending etc).
- Say whether you would recommend it to other students and why.

(1x20=20 marks)

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GOOD LUCK!