

ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ, ΑΘΛΗΤΙΣΜΟΥ ΚΑΙ ΝΕΟΛΑΙΑΣ
ΔΙΕΥΘΥΝΣΗ ΜΕΣΗΣ ΓΕΝΙΚΗΣ ΕΚΠΑΙΔΕΥΣΗΣ
ΚΡΑΤΙΚΑ ΙΝΣΤΙΤΟΥΤΑ ΕΠΙΜΟΡΦΩΣΗΣ

**ΤΕΛΙΚΕΣ ΕΝΙΑΙΕΣ ΓΡΑΠΤΕΣ ΕΞΕΤΑΣΕΙΣ
ΣΧΟΛΙΚΗ ΧΡΟΝΙΑ 2025-2026**

Μάθημα: **Αγγλικά** Επίπεδο: **Ε2 ενηλίκων** Διάρκεια: **1:30 ώρες** Ημερομηνία: **19 Μαΐου 2026**

Όνομα Διδάσκοντος/-ουσας: _____ Βαθμός ολογράφως: _____

Υπογραφή: _____ Βαθμός αριθμητικά: _____

ΟΝΟΜΑΤΕΠΩΝΥΜΟ ΜΑΘΗΤΗ/ΤΡΙΑΣ: _____

ΔΟΚΙΜΙΟ ΚΑΤΑΝΟΗΣΗΣ ΓΡΑΠΤΟΥ ΛΟΓΟΥ

**ΤΟ ΕΞΕΤΑΣΤΙΚΟ ΔΟΚΙΜΙΟ ΑΠΟΤΕΛΕΙΤΑΙ ΑΠΟ ΕΝΤΕΚΑ (11) ΣΕΛΙΔΕΣ
ΟΛΕΣ ΟΙ ΑΠΑΝΤΗΣΕΙΣ ΝΑ ΓΡΑΦΟΥΝ ΣΤΟ ΕΞΕΤΑΣΤΙΚΟ ΔΟΚΙΜΙΟ**

PART II: READING AND USE OF ENGLISH

(60 MARKS)

1. For each question, choose the correct answer.

(6x1=6 marks)

1.

City Bike Rentals
Rent a bike for the day or the weekend.
Helmets included in the price.
Explore the city easily and safely!
Near the old town

- a. Helmets cost extra
- b. You can rent bikes for short periods
- c. The shop is in the old city

2.

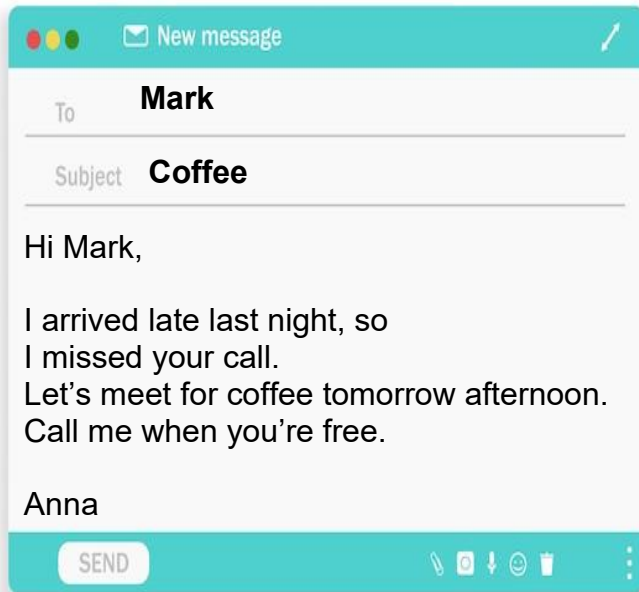
Italian Cooking Class

Learn to make pasta and sauces!
Evening classes twice a week.
All ingredients provided.

Starts June 10th

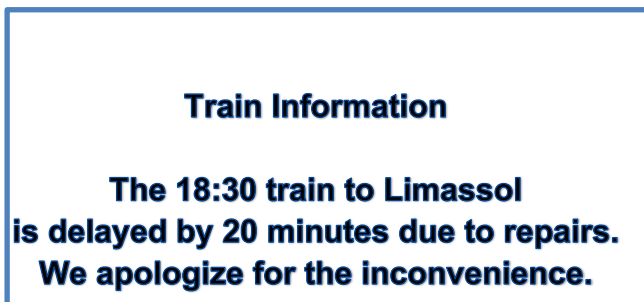
- a. You need to bring your own food
- b. Classes are in the morning
- c. The course is about Italian food

3.



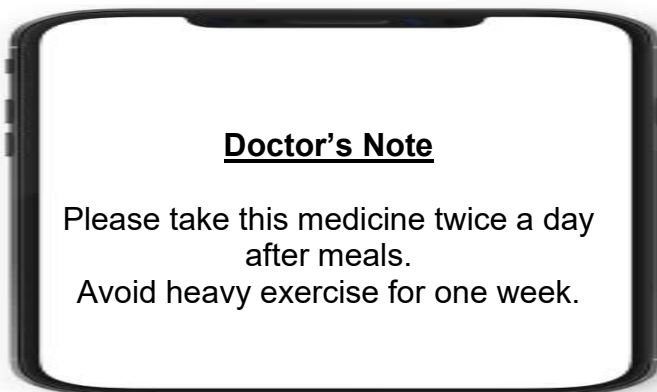
- a. Anna is asking Mark to call her
- b. Anna met Mark yesterday
- c. Anna does not want to meet Mark

4.



- a. The train will not run today
- b. The train will arrive later than planned
- c. The train will arrive early

5.



- a. The patient should exercise more
- b. The medicine is taken before food
- c. The patient should rest for a week

6.

Restaurant Notice
Lunch Menu Available
12:00 – 15:30
Vegetarian options included
No table reservations

- a. You must book a table
- b. Lunch is served all day
- c. Vegetarians can find suitable food

2. For each question, choose the correct answer.

(7x1=7 marks)

Three Popular Hobbies

Photography is a popular hobby for many people. It helps you relax and notice small details around you. People who enjoy photography like taking pictures of nature, friends, and special moments. You can practice it outdoors or indoors, and you do not need expensive equipment to start. It is also a great way to be creative and share your work with others.

Cooking is a useful and enjoyable hobby. Many people like trying new recipes and learning how to prepare different dishes. Cooking at home can save money and help people eat healthier food. This hobby also brings people together, as friends and family often cook and share meals. It is a practical skill that you can use every day.

Cycling is a healthy and active hobby. It helps people stay fit and spend time outdoors. Many enjoy cycling because it is good for the heart and reduces stress. People can cycle alone or with friends, in the city or in nature. It is also an environmentally friendly way to travel short distances.

	Which hobby....	Photography	Cooking	Cycling
1.	helps people save money?	A	B	C
2.	is good for physical fitness?	A	B	C
3.	allows people to be creative?	A	B	C
4.	can be done with other people at home?	A	B	C
5.	is good for the environment?	A	B	C
6.	helps people relax?	A	B	C
7.	is useful in everyday life?	A	B	C

3. Read the text below and choose the best option (A, B, C).

(5x2=10 marks)

Diverse Friend Groups and Wellbeing



A new study shows that having different kinds of friends can make people happier and help them feel closer to their community. The study looked at more than 24,000 adults in different areas in England. The results show that people with different types of friends often feel better and have stronger friendships.

The researchers compared friends by age, money, education, and background. Many people choose friends who are similar to them. This makes them feel safe and comfortable. However, the study shows that people feel happier when their friends are not all the same.

People felt the happiest when some of their friends were different from them. These differences can be in age, job, education, or income. Having different friends helped people feel closer to their neighborhood and happier with their lives.

The study also says that meeting different people helps us learn new ideas and understand others better. This can make communities stronger and more peaceful. When people spend time together, they can learn to trust and respect each other.

The researchers think this information is important for schools, workplaces, and communities. It is good to create places where people can meet and work together. Today, there are many different people in our world, so it is important to live together peacefully.

In conclusion, having friends who are both similar and different can help people feel happier and more connected to their community.

Adapted from: <https://www.birmingham.ac.uk/news/2024/diverse-friend-groups-promote-better-social-cohesion-and-wellbeing-study>

1. What did the study find about people with different friends?

- A. They are happier with their lives.
- B. They feel less happy.
- C. They prefer to be alone.

2. How many people took part in the research?

- A. About 2,000.
- B. Less than 10,000.
- C. More than 24,000.

3. What kinds of differences did the researchers study?

- A. Hobbies and sports.
- B. Age, race, income and education.
- C. Jobs and favourite food.

4. When do people feel the happiest, according to the study?

- A. When all their friends are the same.
- B. When they have no friends.
- C. When their friends are both similar and different.

5. What is one benefit of having different kinds of friends?

- A. It makes people move to new cities.
- B. It helps communities live better together.
- C. It makes people richer.

4. Read the text below and put a tick (✓) in the correct box to indicate whether the following statements are TRUE or FALSE. (5x2=10 marks)



Extreme Weather and Poverty

Very bad weather like floods, storms, and droughts affects millions of people in the world. These disasters often make life harder for poor people. When a disaster happens, houses are destroyed, people lose their jobs, and families may not have enough food or money.

Studies show that extreme weather makes about 26 million people poor every year. Poor people are in more danger because they often live in weak houses. Many of them work in farming or other jobs that depend on the weather. They also get less help after disasters than richer people.

For example, after strong storms or floods, some families cannot send their children to school because they need money. Some people lose all their savings and cannot recover easily. This can affect their health, education, and future.

However, governments can help. Early warning systems can tell people when a disaster is coming. Safe houses, insurance, and money support can also help families before and after disasters. When countries use these solutions, communities become stronger and safer.

Helping poor people getting ready for extreme weather is very important. It can make their lives better and help reduce poverty in the world.

Adapted from: <https://www.gfdr.org/en/breaking-link-between-extreme-weather-and-extreme-poverty>

	True	False
1. Natural disasters only cause damage to buildings and roads.		
2. Poor people are affected more by extreme weather than rich people.		
3. The report says that disasters push millions of people into poverty every year.		
4. Governments cannot do anything to protect poor people from natural disasters.		
5. Early warning systems and social support can help people after disasters.		

5. Read the text and choose the correct option from the table.**(10x1=10 marks)**

My name is Daniel, and I'm from Italy. Last month, I went on a short trip to the mountains with my cousin. I **(a)** _____ there before, so everything felt new and exciting. He **(b)** _____ me to come with him because he knows I love nature.

We stayed in a small cabin **(c)** _____ was near a river and tall trees. During the day, we **(d)** _____ long walks and took many photos. One afternoon, we **(e)** _____ lunch together and ate outside. I really enjoyed learning **(f)** _____ local plants and animals.

In the evening, we sat near the fireplace and **(g)** _____ music. It was the **(h)** _____ evening of the trip because it was very quiet and peaceful. On the last day, we **(i)** _____ tired but happy. I hope I **(j)** _____ return there one day.

a.	1. was never	2. had never been	3. never am
b.	1. inviting	2. invites	3. invited
c.	1. where	2. who	3. which
d.	1. did	2. do	3. done
e.	1. made	2. did	3. had
f.	1. about	2. for	3. at
g.	1. listened	2. listened to	3. listening
h.	1. better	2. best	3. most good
i.	1. feel	2. were	3. are
j.	1. will	2. should	3. must

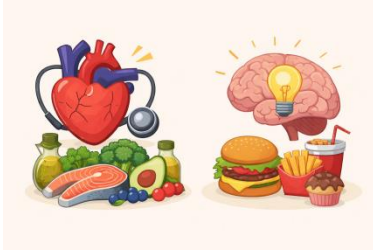
6. Read the text and complete the gaps with one word.**(6x2=12 marks)****Hobbies and Free Time**

Hobbies are activities people do **(a)** _____ their free time. Many people enjoy hobbies **(b)** _____ help them relax and feel happy. Some people like sports, **(c)** _____ swimming or cycling. Others prefer quiet hobbies, like reading **(d)** _____ listening to music. Hobbies are important **(e)** _____ they help people reduce stress. It is good **(f)** _____ have a hobby that you enjoy.

7. Circle the correct word to complete the text below.

(5x1=5 marks)

Healthy Food and the Brain



What people eat can affect both the heart and the brain. Eating healthy food can help people stay **(a) balanced / healthy** and protect the brain as they get older. Experts say that a good diet is important both for adults as well as **(b) minors / patients**. For example, during pregnancy, a mother's diet can influence a baby's brain development. Foods with vitamins and omega-3 fats can

help the brain grow in a **(c) beneficial / possible** way. Fish, vegetables, and fruit are very **(d) valuable / bad** for brain health.

A poor diet with too much sugar and fat can **(e) reduce / increase** memory and concentration. On the other hand, eating balanced meals helps people think better and feel more focused. In the end, making healthy food choices every day can support brain health throughout life.

Adapted from: www.heart.org

PART III: WRITING

(40 MARKS)

8. Your friend Marco has sent you this email. Write back to answer his questions. Write between 60 – 80 words. (1x20=20 marks)

From: Marco Bianchi

Dear friend,

I hope you're doing well! Next month I'm visiting your city for the first time, and I'm really excited.

I have a few questions though. Which parts of the city should I definitely visit and what activities are available there? Is it easy to get around by bus or on foot? Also, could you tell me what the weather is like in March and what kind of clothes I should bring?

Write back soon. I can't wait to hear from you!

Best wishes,

Marco

[illegible]

.....X.....

9. Use the pictures below to write a story about a camping trip Sophia, Alice and Raghad went to last month. Your story should be between 60 – 80 words.

(1x20=20 marks)



The following questions can help you.

- Where did Sophia, Alice and Raghad go last month?
- What did they do there?
- What was the weather like at the beginning?
- What happened in the end?

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Good Luck!!