

ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ, ΑΘΛΗΤΙΣΜΟΥ ΚΑΙ ΝΕΟΛΑΙΑΣ

ΔΙΕΥΘΥΝΣΗ ΜΕΣΗΣ ΕΚΠΑΙΔΕΥΣΗΣ

ΕΝΙΑΙΕΣ ΤΕΛΙΚΕΣ ΠΡΟΑΓΩΓΙΚΕΣ/ΑΠΟΛΥΤΗΡΙΕΣ ΓΡΑΠΤΕΣ ΕΞΕΤΑΣΕΙΣ 2025-2026

Α΄ ΤΑΞΗΣ ΛΥΚΕΙΟΥ

ΗΜΕΡΟΜΗΝΙΑ: 18 Μαΐου 2026

ΕΞΕΤΑΖΟΜΕΝΟ ΜΑΘΗΜΑ: ΑΓΓΛΙΚΑ

Α΄ ΣΕΙΡΑ

ΚΩΔΙΚΟΣ ΜΑΘΗΜΑΤΟΣ: Α006

ΣΥΝΟΛΙΚΗ ΔΙΑΡΚΕΙΑ ΓΡΑΠΤΗΣ ΕΞΕΤΑΣΗΣ: 135 λεπτά

ΤΟ ΕΞΕΤΑΣΤΙΚΟ ΔΟΚΙΜΙΟ ΑΠΟΤΕΛΕΙΤΑΙ ΑΠΟ ΔΕΚΑ (10) ΣΕΛΙΔΕΣ

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**ΟΔΗΓΙΕΣ (για τους εξεταζόμενους)**

1. Στο εξώφυλλο του τετραδίου απαντήσεων να συμπληρώσετε όλα τα κενά με τα στοιχεία που ζητούνται.
2. Στο εξώφυλλο του εξεταστικού δοκιμίου να συμπληρώσετε όλα τα κενά με τα στοιχεία που ζητούνται.
3. **Να απαντήσετε ΟΛΑ τα ερωτήματα.**
4. **Να μην αντιγράψετε τα θέματα** στο τετράδιο απαντήσεων.
5. Να μη γράψετε πουθενά στις απαντήσεις σας **το όνομά σας**.
6. Να απαντήσετε στο τετράδιό σας σε όλα τα θέματα **μόνο με μπλε πένα ανεξίτηλης μελάνης**.
7. Απαγορεύεται η χρήση διορθωτικού υγρού ή διορθωτικής ταινίας.

**ΣΑΣ ΕΥΧΟΜΑΣΤΕ ΚΑΘΕ ΕΠΙΤΥΧΙΑ**

**PART II: READING SKILLS**

**(30 MARKS)**

**TASK 4**

**(5x1=5 marks)**

For each question, choose the correct answer A, B or C.

**1. What does the message say?**

- A. John forgot to do his history homework.
- B. John wants his mum to do his homework.
- C. John wants his mum to bring the exercise book.



**2. What does the announcement say?**

- A. The gym won't open before September.
- B. The gym will be open until next September.
- C. The gym will close next September.



**3. What does the sign say?**

- A. There is a maximum age limit for this competition.
- B. The competition is open to people over a certain age.
- C. Only twelve-year-olds are allowed to enter this competition.



**4 What does the note say?**

- A. There are three football sessions a week.
- B. The new football club can only have six members.
- C. Alex has to decide quickly whether he wants to join the new club.



**5. The computer game \_\_\_\_\_.**

- A. is almost new and works perfectly
- B. does not work on the seller's computer
- C. is only suitable for multiple players



## TASK 5

(4x1=4 marks)

For each question 1–4, choose the correct answer A–E. There is one extra answer you do not need to use.

The teenagers below want to take a trip during their summer holidays. On the next page, there are descriptions of five destinations. Decide which one would be the most suitable for each teenager.



### 1. Ethan

Ethan is always looking for excitement in the city. He loves listening to jazz bands and trying new dishes with his friends. He spends his weekends exploring local shops, watching artists in public spaces, and discovering hidden corners in historical cities. He finds the diversity of American culture fascinating and enjoys places with a lively atmosphere.



### 2. Samantha

Samantha loves exploring new places in the city and the countryside. She likes walking in nature and taking photos of mountains and rivers. She also enjoys challenges like long-distance trekking. In her free time, she likes reading adventure books and listening to music in cafés. Sometimes, she relaxes by listening to birds singing in the forest. She enjoys staying active and exploring breathtaking landscapes.



### 3. Maya

Maya enjoys peaceful activities in nature, such as walking near rivers and lakes, photographing waterfalls, and watching sunlight reflect on the water. In her free time, she paints landscapes, reads for pleasure, and writes in her journal about her experiences. She prefers spending her free time in quiet, snow-covered places far away from the noise of the city.



### 4. Liam

Liam loves outdoor challenges. He enjoys hiking steep trails, trying water sports, and exploring wild places with friends. In his free time, he goes mountain climbing, rides his bike, and watches videos about extreme sports. He is fascinated by high cliffs and rushing rivers that offer exciting opportunities to discover nature and get a thrill at the same time.

## TOP FIVE PLACES TO VISIT FOR YOUR SUMMER HOLIDAYS

### A. Seattle, Washington

Seattle is surrounded by water and mountains, combining city life with natural beauty. You can visit famous places like Pike Place Market and the Space Needle to enjoy coffee, local food, and live music. A short drive away is Olympic National Park, where you can walk through forest trails surrounded by tall trees. There are both easy walks and longer hikes where you can spot wildlife, while enjoying beautiful views.

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### B. Zion National Park, Utah

Zion National Park is a great place for adventures and excitement, with cliffs, high hills and deep canyons. You can hike along popular trails like Angels Landing or walk through a river in The Narrows. There is also a scenic road with several viewpoints, where you can stop and admire the landscape. With exciting hiking routes, climbing areas, and peaceful places to relax, Zion is perfect for young travellers who enjoy exploring nature.

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### C. New Orleans, Louisiana

New Orleans is a lively city in the state of Louisiana in the USA, known for its colourful balconies, delicious food and music that originates in Afro-American traditions. You can walk around the old French Quarter, where street performers and beautiful historic buildings create a vibrant atmosphere. You can listen to live music, visit local markets, and try popular dishes like beignets and gumbo. These experiences capture the city's vibrant cultural life.

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### D. Niagara Falls, New York State

Niagara Falls is a beautiful place to visit and a popular tourist attraction. The sound of the water, the mist in the air, and the colourful rainbows make it an unforgettable experience. Visitors can take a boat ride close to the falls or explore nearby parks and scenic viewpoints. For a different perspective, you can also visit the Canadian side to admire the falls from across the river and enjoy a meal at one of the elegant restaurants overlooking the falls.

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### E. Banff, Canada

Banff is a beautiful place in the Rocky Mountains, perfect for teens who love nature. Visitors can see bright blue lakes like Lake Louise or go hiking and enjoy amazing mountain views. They can relax in hot springs with warm water all year round. For a more exciting experience, visitors can explore the Columbia Icefield and walk on a huge glacier. Banff offers an opportunity to experience a peaceful, snowy scenery.

Adapted from: <https://www.theteenmagazine.com/top-10-places-to-go-for-spring-break>

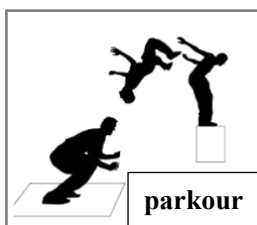
1: _____	2: _____	3: _____	4: _____
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## TASK 6

(5x1=5 marks)

For each question 1–5, choose the correct answer A, B, C or D.

### Parkour and Pickleball for Schools in England



School Physical Education (PE) lessons could feel different soon. Two new sports will be added to the *curriculum*\* for schools in England. It is hoped parkour and pickleball lessons will get more young people to do physical activity.

A review of PE in 2023 showed there had been cuts to the number of hours children spent doing sport. Most schools in England must provide at least two hours of PE per week and many schools say they find this difficult.

Matt Hood, chief executive of Oak National Academy, said, "I'm pleased we are offering a wide variety of sports in the PE curriculum. So, teachers have the facilities and necessary equipment to offer everything from football and hockey to parkour and pickleball – something to interest all their pupils."

Parkour began in France in the 1990s and could soon reach English schools. Also called free-running, it started with bored teenagers in Paris. Originally, it was a way to train by getting over all kinds of obstacles in towns and nature. It uses jumps and climbs over barriers and walls in a flow of gymnastic-like movements. Even though parkour began in France, the UK became the first country to officially recognise it as an individual sport in 2017.

Pickleball is a racket sport with rules like tennis. It mixes tennis, badminton and table tennis and can be played as singles or doubles, indoors or outdoors. The aim is to send the ball over the net and prevent the other player returning it. If you are not a lover of pickles, don't worry – the game doesn't actually involve any pickles. It was named after the inventor's dog, who was called Pickles. About 7,000 people play it in the UK and organisers want it to be included as a demonstration sport in the 2028 Olympics. Pickleball is also one of the fastest growing sports in the US.

Adding parkour and pickleball to PE could give pupils new choices. These sports are active, fun and can help more children enjoy physical exercise at school.

\***Curriculum** = all the subjects taught in a school

Adapted from: <https://www.bbc.co.uk/newsround/articles/cj4verjvrewo>

**1. Why might schools in England add parkour and pickleball to PE lessons?**

- A. to increase the number of PE hours
- B. to make PE lessons more challenging
- C. to encourage students to take part in PE
- D. to replace traditional sports

**2. Matt Hood is satisfied because \_\_\_\_\_.**

- A. the academy offers students different curricula
- B. the academy includes many sports in PE
- C. students do a variety of school subjects
- D. some students are interested in PE

**3. At first, parkour was \_\_\_\_\_.**

- A. a team sport
- B. a training method
- C. a way of running
- D. a formal sport

**4. Pickleball is \_\_\_\_\_.**

- A. played both inside and outside
- B. played only by two players
- C. a combination of two sports
- D. a demonstration sport

**5. According to the article, what do parkour and pickleball have in common?**

- A. Both are Olympic sports.
- B. Both started in France.
- C. Both are team sports.
- D. Both are energetic and enjoyable.

## TASK 7

(5x1=5 marks)

Five sentences have been removed from the text below. Complete each gap 1–5, with the correct sentence A–F. There is an extra sentence you do not need to use.

### How '6-7' Makes Sense for Teenagers Even Though It Means Nothing



'6-7', pronounced 'six-seveeeeeen', is appearing in schools across the USA. Students shout it in class when a teacher turns to page 67, when lunch is 6 to 7 minutes away, or for no reason. It has therefore become a popular slang phrase for *Gen Alpha*\*. (1) \_\_\_\_\_.

The phrase '6-7' does not really mean anything. (2) \_\_\_\_\_. However, using it can help students feel that they belong in a community. "It becomes a kind of language game for them that only members of their group understand," said Gail Fairhurst, a University of Cincinnati professor who teaches communication.

Even if it is a nonsense phrase, '6-7' still has a social role. It shows who is inside the group, according to Taylor Jones, a linguist and social scientist. (3) \_\_\_\_\_. Most children want to feel that they belong in a group, and they do so when they say '6-7' together. According to Fairhurst, this happens because "language is a way for people to form a community".

Despite the fact that '6-7' points to the gaps existing in the communication between older and younger people, parents should not worry too much. Saying '6-7' again and again does not mean that children are becoming less intelligent. (4) \_\_\_\_\_. However, "adults often link such fears with young people anyway", Jones said.

Every generation creates its own slang, and language changes in ways that people cannot always follow. (5) \_\_\_\_\_. However, such meaningless phrases are not harmful. '6-7' will not destroy the English language. Its popularity, however, may show something about our society. In this society, the exact meaning of words is less important than how people understand them.

\***Gen Alpha**: the generation born between 2010–2025, who use smartphones, social media, and AI a lot.

Adapted from: <https://edition.cnn.com/2025/10/18/us/6-7-meme-slang-explained-cec>

- A. Children will always create new phrases, and adults will often not understand them.
- B. People who do not use it or do not understand it may feel left out of this social circle.
- C. In fact, '6-7' has become so widespread that Dictionary.com named it the word of the year.
- D. It is just a meaningless joke.
- E. Therefore, children and adults will never understand each other.
- F. Parents' worries about their children not thinking critically enough are understandable.

## TASK 8

(5x1=5 marks)

For each question, choose the correct answer A–D to fill in the gaps.

### Can AI Help Teenagers Manage Stress?

By Romanda Noble-Watson



Lately, I have been thinking **(1)** \_\_\_\_\_ how often teenagers use AI when they feel stressed or upset. Without a doubt, they may only use it for help with their homework or to get some ideas about their essays. Sometimes, is more than that.

When school stress increases or feelings are confusing, it can be easy to open a chatbot and start typing. It is very important for teenagers to have access to mental health support. **(2)** \_\_\_\_\_, getting this kind of help is not always easy. Some of them worry about what their peers might think. Others face long waiting times and high costs. Some others simply do not know where to start looking for help.

Because of this, researchers at the University of Washington have started working on a project that is asking an important **(3)** \_\_\_\_\_: Could AI tools support teenagers in healthy ways, especially when they feel stressed or stuck? This project also examines the risks that come with using AI tools for mental health support. If these tools are not designed well, they could **(4)** \_\_\_\_\_ or even harm users.

What I like about this project is that it does not treat teens as passive users who must accept what adults create. Instead, it asks for their opinions. This is important. If AI becomes part of how young people deal with stress and emotions, then teens should help shape what that future looks **(5)** \_\_\_\_\_. This can make mental health support provided by chatbots more effective and secure.

Adapted from: <https://www.theteenmagazine.com/can-ai-help-teens-handle-stress-or-could-it-make-things-worse>

- |    |             |             |            |              |
|----|-------------|-------------|------------|--------------|
| 1) | A. why      | B. on       | C. for     | D. about     |
| 2) | A. Moreover | B. Although | C. However | D. Finally   |
| 3) | A. question | B. proposal | C. answer  | D. statement |
| 4) | A. worsen   | B. support  | C. help    | D. confuse   |
| 5) | A. for      | B. like     | C. at      | D. up        |

## TASK 9

(6x1=6 marks)

For each question 1–6, write the correct answer. Use ONE word to complete each gap.

### The Importance of People in Our Travel Photos



Travel photos often show beautiful landscapes, impressive views from above, and luxury hotels. Because of this, they can make people want to book a trip as soon as possible. Looking **(1)** \_\_\_\_\_ travel photos is like looking through a window. You imagine yourself standing exactly where the photographer stood.

It is true that we can get the feeling of a place from photos showing amazing views or nice buildings. This can also happen when we look at close-up pictures of interesting objects in a specific area. However, it is people who show **(2)** \_\_\_\_\_ true heart, spirit, and culture of a country. Without people in our travel photos, we miss out on the human side of a place. Sometimes people's expressions, their clothes and their movements can say more about a place **(3)** \_\_\_\_\_ anything else.

As photographers, **(4)** \_\_\_\_\_ observe the world around us. Through our photos, we share what we see with others. It is true **(5)** \_\_\_\_\_ many of us enjoy pictures of great views, large cities, impressive hotels, and nicely served food. But we connect more with other people and their feelings than we do with places and things. This happens despite how interesting such places and things may **(6)** \_\_\_\_\_.

For this reason, it is important to include people in our travel photos. Doing so helps our pictures tell a human story that allows viewers to have a deeper emotional connection with them.

Adapted from: <https://digital-photography-school.com/the-importance-of-people-in-your-travel-photos/>

**PART III: WRITING SKILLS**

**(45 MARKS)**

**TASK 10**

**(20 marks)**

This is part of an email you have received from your English-speaking friend, Alex, asking about a celebration in your country.

✿ ✿ ✿   ✈   ✉   ✉   ✉   Aa   😊   🖼

**Subject:** A public celebration  
**From:** Alex

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... I'm doing a school project called 'Celebrations Around the World'. The aim is to learn about public celebrations in different countries.

Please tell me about a celebration you have attended in your country. What celebration was it and when did it take place? What happened during the celebration? How did you feel about the experience?

I can't wait to hear all about it.  
Alex

**Write your reply to Alex.**

**Write your answer in about 100 words.**

**TASK 11**

**(25 marks)**

***Group Projects at School: Advantages and Disadvantages***



**Write an essay for your school magazine about the advantages and disadvantages of students doing group projects at school.**

**Your essay should be about 100 words.**