ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ ΚΑΙ ΠΟΛΙΤΙΣΜΟΥ ΔΙΕΥΘΥΝΣΗ ΜΕΣΗΣ ΕΚΠΑΙΔΕΥΣΗΣ ΚΡΑΤΙΚΑ ΙΝΣΤΙΤΟΥΤΑ ΕΠΙΜΟΡΦΩΣΗΣ ΤΕΛΙΚΕΣ ΕΝΙΑΙΕΣ ΓΡΑΠΤΕΣ ΕΞΕΤΑΣΕΙΣ ΣΧΟΛΙΚΗ ΧΡΟΝΙΑ 2015-2016

Μάθημα: Αγγλικά Επίπεδο: Ε5 Διάρκεια: 2.30 ώρες Ημερομηνία: 16 Μαΐου 2016

ΤΟ ΕΞΕΤΑΣΤΙΚΟ ΔΟΚΙΜΙΟ ΑΠΟΤΕΛΕΙΤΑΙ ΑΠΟ ΟΚΤΩ (8) ΣΕΛΙΔΕΣ. ΟΛΕΣ ΟΙ ΑΠΑΝΤΗΣΕΙΣ ΝΑ ΓΡΑΦΟΎΝ ΣΤΟ ΤΕΤΡΑΔΙΟ ΑΠΑΝΤΗΣΕΩΝ. ΠΡΙΝ ΑΠΟ ΚΑΘΕ ΑΠΑΝΤΗΣΗ ΝΑ ΣΗΜΕΙΩΣΕΤΕ ΤΑ ΣΤΟΙΧΕΙΑ ΤΗΣ ΕΡΩΤΗΣΗΣ.

PART I: WRITING

(35 MARKS)

Write an article of 200-250 words on ONE of the following topics

1. 'Advertisements play an important role in our daily lives.' Write an article for an online magazine expressing your opinion about the topic. The comments below may give you some ideas, but you are free to use any ideas of your own.

Advertisements help us to decide what to buy, so what's wrong with that?

The problem with adverts is that they make us buy things that we don't really need and probably can't afford.

You have recently seen the following announcement in an English magazine.
 Write an article for the magazine expressing your opinion.



More and more young people are taking up extreme sports such as parkour and bungee jumping. Some do not worry about the risks. They only think of the excitement and the challenge. Do you think young people should take up extreme sports?

The best articles will be published next month!

PART II: READING COMPREHENSION

Read the two passages below and do ALL the exercises that follow.

PASSAGE 1



Vegetarianism

Vegetarianism is increasing in the United Kingdom as more and more British people are giving up meat and 'going veggie'. According to the Vegetarian Society, 2000 people decide not to eat meat and animal products in Britain every week. There's even a 'National Vegetarian Week' organised every year to encourage people to try a meat-free lifestyle.

In 1989 a poll indicated that 3% of the UK's population were vegetarian. A more recent poll estimated that 5.7% of the population were vegetarian. In numbers, this means there are over 3 million vegetarians in the UK today. Apart from vegetarians who are defined as those who don't eat meat, but use animal products, the number of vegans is also increasing in the UK. Vegans are people who don't eat or use any animal products. If someone visits a British supermarket they will see a wide range of vegetarian ingredients and prepared meals on the shelves including vegetarian sausages, vegan cheese which doesn't contain milk, as well as meat-free burgers.

So why are Brits cutting out meat from their diets? The majority of vegetarians and vegans choose not to eat meat or animal products for ethical reasons. They are unhappy about the bad treatment of the animals and the effects of meat and fish production on the environment. Worries about food safety such as the 'mad cow disease' cause many people to stop eating meat. Others choose to change their diet in order to improve their general health. According to the UK Vegetarian Society, a meat-free diet could help reduce the risk of certain cancers and the possibility of heart disease, as well as other health problems such as obesity and high blood pressure.

Another rising trend in the UK's food culture is related to how our food is produced. Many people are rejecting genetically modified food and want their food to be organically farmed. What exactly does 'organic' mean? Organic food is produced in a more 'natural' way. Organic farmers use no, or very few chemicals, pesticides or fertilisers. Organic meat is produced without the use of drugs and antibiotics. Organically-farmed animals also have better living conditions, for example more space and nutritious food.

According to the Soil Association, the UK's leading organisation for organic food and farming, three out of every four households in the UK now buy some types of organic food. In addition, some people buy organic meat, fruit and vegetables from the farmers' markets, where local farmers sell their products directly to the consumer. Many other people have a box of organic mixed fruit and vegetables delivered to their homes each week and others buy organic produce in their local supermarket. As with vegetarianism, people choose organic foods for health reasons or because of their concern for the environment.

Lastly, although it is often more expensive, fans of organic food say that it tastes much better.

Adapted from http://learnenglishteens.britishcouncil.org/uk-now/read-uk/vegetarian-uk

A. Indicate whether the following sentences are TRUE or FALSE.

(5 x 2 = 10 marks)

	TRUE	FALSE
1. Vegetarianism is becoming more and more popular in the United States.		
2. Two hundred people do not eat meat in Britain every week.		
 A meat-free diet can increase the possibility of heart disease. 		
 Organic farmers don't use drugs or antibiotics to produce meat. 		
5. Organic food can be purchased in supermarkets.		

B. Complete the paragraph with only ONE word from Passage 1.

(5 x 2 = 10 marks)

PASSAGE 2



An adult's concern about FoMO Fear of missing out

Everybody knows how important it is for students to get a good night's sleep every night. They aren't able to do their best and keep up with all their responsibilities unless they sleep well. I'm sure you all know that you should go to bed at a reasonable hour. Most experts agree that the **optimum** number of hours is eight, and this has been accepted as common sense for as long as I can remember. However, I was young once and I know that the majority of teenagers get much less sleep than that – and in some cases this affects their schoolwork.

I read an interesting article in a teachers' magazine recently. They did a study of 848 students in Wales. Worryingly, the results **indicated** that teenagers are facing a new problem. They may go to bed and get up at appropriate times but a growing number wake up in the middle of the night, not to use the bathroom or have a snack but because of a new phenomenon known as FOMO – the fear of missing out!

According to the article, schoolchildren suffer because of an **increasing** trend to wake up during the night to check social media. Afraid of missing a comment or opportunity to take part in a chat, teens wake up at all times of the night to go online and get involved with social groups. All this when they should be sound asleep.

Experts are **concerned** about this growing trend and the report reveals some worrying statistics. 23% of 12 to 15-year-olds wake up nearly every night to use social media. Another 15% wake up at night once a week for the same reason. As a result, one in three students are **constantly** tired and unable to function to their full capacity. Students who use social media during the night are also more likely to suffer from depression and **anxiety**.

So, I'd like to ask you to be responsible when it comes to social media. Be brave and switch off your devices at night. The world won't end and your social media will be waiting to greet you in the morning. I give you my word that you won't have missed anything important.

adapted from: http://learnenglishteens.britishcouncil.org/skills/reading-skills-practice/fomo

C. Choose the best alternative according to Passage 2. (

- 1. Students might not be capable of doing well at school...
- A. if they have phones in class
- B. unless they use common sense
- C. if they don't sleep well
- D. if they do their best
- 2. Research shows that schoolchildren are tired because they...
- A. struggle with sleep disorders
- B. wake up in the middle of the night to go online
- C. get up too early in the morning
- D. wake up at night to have something to eat
- 3. Fear Of Missing Out is defined as...
- A. anxiety about not having the latest technology
- B. an irrational need to go out all the time
- C. a fear of missing an opportunity for interaction on social media
- D. a fear of going online

D. Write down three possible consequences of using social medial during the night according to Passage 2.(3 x 1 = 3 marks)

E. Match the words which appear in **bold** in the passage to their meanings.

(6 x 1 = 6 marks)

1. Optimum	a. growing, on the rise
2. indicated	b. worried
3. increasing	c. showed
4. concerned	d. something that causes a feeling of fear or worry
5. constantly	e. most suitable
6. anxiety	f. all the time

A. Choose the word or phrase that best completes the sentences.

$(5 \times 1 = 5 \text{ marks})$

USED

Teenagers and Money If someone asked you how much two litres of milk cost, **(1)** the answer? According to a recent survey carried out in the UK, it seems that very few British teenagers know the answer. However, the majority of the teens that took part **(2)** the survey knew the exact price of an Apple Mini Ipod. If the results of the survey are accurate, many young people will find it difficult to manage their money when they **(3)** older. One interesting fact which was revealed by the survey is that teens are more worried about their looks **(4)** about how much money they have in the bank. On the other hand, most teens whose parents had lent them money said that it was important for them to work in order to be able to pay their parents back. Yet, as a result of the findings of the survey, we should ask ourselves if our young people are **(5)** properly regarding how to manage their money.

1. A. you would know	B. would you know	C. did you know	D. you will know
2. A. on	B. at	C. into	D. in
3. A. get	B. will get	C. got	D. would get
4. A. than	B. that	C. so	D. as
5. A. have educated	B. be educated	C.been educated	D. being educated

B. Complete the second sentence so that it has a similar meaning to the first. Use the words in capitals. (5 x 2 = 10 marks)

- When I was younger, I drove fast.
 When I was younger, fast .
- 4. Levi Strauss designed the first jeans in 1853. **BY** The first Levi Strauss in 1853.

5. I'm sure Tony has forgotten about our meeting. MUST Tony about our meeting.

C. Complete the text with the correct form of the words in capitals.

 $(5 \times 1 = 5 \text{ marks})$

Gifts that people actually like

It's easy to just run and buy the latest fad as a gift for a friend. However, it can be quite (1) (CHALLENGE) to find out what the people you love would really like to receive. And it's the personal touch that makes a gift really worth giving. So, here are some tips: First, you'll never find anything if you're pressed for time because finding the right present might need extensive research. You have to gather (2) (INFORM) about what your friend wants, (3) SO listen (CARE) for clues. Next, don't be afraid to be (4) (CREATE). A beautiful drawing or a specially-baked cake will also be deeply appreciated. Finally, you might even ask your friend directly what he/she wants if you are (5) (ENTIRE) at a loss about what to give. Anyway, it's important to remember that there's nothing more satisfying than giving a gift that shows you care!

D. Fill in the gaps with an appropriate word from the boxes. $(5 \times 1 = 5 \text{ marks})$

enthusiasm	develop	competitions	impression	performance
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An unusual course

An unusual new course is being offered by a college in northeast England. It has been designed to prepare people to audition for the popular TV talent show, the X Factor, and for similar (1) According to the course organizer, people who try out for the X Factor are often unsuccessful because their singing technique is inappropriate. In addition, they are not used to performing in public and are therefore usually too shy to make a good (2)..... on the judges. But students

who take the 17-week course will learn the singing and (3) techniques they need to do well at their audition. Applicants for the course do not need any particular school qualifications. They are, however, motivated and full of (4) Not all of the students will find fame as singers, but through the course they should (5) the confidence to do well in other areas of life, for example, when looking for work.

E. Match 1-5 with the responses a-e.

(5 x 1 = 5 marks)

1. Are you having a good time in London?	a. I think she was talking about the underground.	
2. What did she mean when she said 'subway'?	b. Certainly! It's got an enormous memory, which is just what I need.	
3. What will you be doing this time next week?	c. I'd love to but I might not be allowed.	
4. Do you want to come to the cinema later?	e d. I like it here, but I don't know anybody.	
5. Are you sure this is the one you really want?	e. Hold on, I'll check in my diary.	

GOOD LUCK