

ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ ΚΑΙ ΠΟΛΙΤΙΣΜΟΥ
ΔΙΕΥΘΥΝΣΗ ΜΕΣΗΣ ΕΚΠΑΙΔΕΥΣΗΣ
ΚΡΑΤΙΚΑ ΙΝΣΤΙΤΟΥΤΑ ΕΠΙΜΟΡΦΩΣΗΣ

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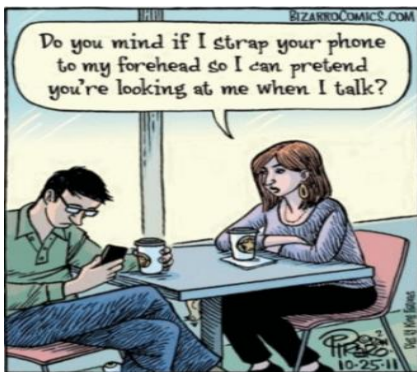
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ΠΡΙΝ ΑΠΟ ΚΑΘΕ ΑΠΑΝΤΗΣΗ ΝΑ ΣΗΜΕΙΩΣΕΤΕ ΤΑ ΣΤΟΙΧΕΙΑ ΤΗΣ ΕΡΩΤΗΣΗΣ.

PART I: WRITING

(35 MARKS)

Write a composition of 220-250 words on ONE of the following topics:

1.



We have asked several teenagers to give us their views on the topic: **'Social networking sites have negatively affected communication between people.'**

Write an article for an online magazine giving your opinion on the topic. You can use ideas from the following extracts.

You can stay in touch with your friends and family around the world or get the newest piece of information and be up-to-date.

Some people end up isolated and don't spend quality time with their family or offline friends. This may lead to loneliness.

2. Drawing information from the following newspaper extracts write an article for an international website on the topic: **‘Celebrities are usually famous for glamour and wealth rather than their achievements.’** Give examples to support your views.

Several famous people have tried really hard to achieve their goals. Some also do charity work or try to put an end to a lot of the world problems. Celebrities may motivate and inspire you to achieve your future goals and ambitions.

Some teenagers try to imitate celebrities in terms of clothing, hair style, walking and talking. However, the problem gets even worse when teenagers are trying to follow celebrities’ behaviour or bad habits such as smoking, drug use or drinking. It is clear that youngsters end up imitating wrong idols.

PART II: READING COMPREHENSION

(35 MARKS)

Read the two passages below and do ALL the exercises that follow.

Passage 1:

Taking a step outside!

Do you ever feel 'stuck in the office'? We spoke to four men with outdoor jobs and asked them about the reality of working outside.

A. Name: Mick Beasley

Occupation: Mountain Guide



For years I was going back and forth between the USA and New Zealand teaching skiing. Eventually, I just wanted to settle down and find a base. Now, I have a great affection for this job and the advantage is that I'm hardly ever indoors. I prefer trips which are difficult and where without a guide it would be beyond most people's ability. I only deal with groups of 4-5 people as it's hard to find wilderness

when you travel in large numbers. I'm at an age when I resent doing things that I don't enjoy so I offer places to the clients that I want to go to anyway. Dealing with some of the older ruined shelters is not always pleasant, especially having to clean up after irresponsible previous occupants.

B.Name: Johnny Kitts

Occupation: Jet-boat driver



I've been driving commercially for 18 years on various rivers and every day is a highlight. What isn't so pleasant is picking hikers up on dangerous parts of the river. There's probably not a dull part with any jet-boat job. You've got to be aware of what is happening all the time; you can't switch off about anything on the trip. I am now more involved in scheduling other drivers, so I don't spend as much time on the river as I did, which can be a disadvantage. It's experience of the river and conditions that counts the most and not any kind of previous academic knowledge.

C.Name: Chris Macrae

Occupation: Snow photographer



All my training for this career has been gained by actually doing something with my hands rather than learning about it from books. I've been skiing since I was a kid but I'd also been into photography since I was twelve. This year I was invited to take part in the biggest ski photography competition in the world and then I was over the moon to actually win something! In the meantime, waiting on payment from people you work with is a frustration you have to put up with. It's difficult because sometimes you might spend a lot of money and you might not get paid for months while you wait for magazines to run the shots. And filing photos is not my strong point. It's the most monotonous but most important part of the job.

D.Name: Jarrod Scott

Occupation: Black-water rafting guide



The village where we operate is small but with a great atmosphere and astonishing caves. One of the best things is meeting people from different backgrounds and seeing them at their highs and lows. Occasionally some people get scared and I get a lot out of helping someone overcome that. I could do without the freezing cold in the middle of winter. Getting into a wetsuit can also be a bit of a torture and I've had a few incidents where clients have completely ignored me because I'm still quite young. I used to get really offended, but now I have got used to it. I love caving but I wouldn't class myself as a caver. In my spare time, I prefer aboveground activities like training in different martial arts.

(Adapted from: http://dspace.utlib.ee/dspace/bitstream/handle/10062/18055/reading_task_6.html)

A. For questions 1-8, choose from the people A-D.

(8X2=16 marks)

Who

1. says his current career is the result of a desire to work from a permanent location?

1.____

2. says he has a more of a managerial role than he used to? 2.____

3. gets a sense of satisfaction from knowing people rely on him? 3.____

4. has got used to criticism? 4.____

5. doesn't consider himself to be a professional? 5.____

6. says training doesn't require any academic specialization ? 6.____

7. admits that he doesn't perform one of his duties particularly well? 7.____

8. says his job requires a high level of concentration? 8.____

B. Use information from Passage 1 and refer to TWO benefits and TWO drawbacks of working outdoors.

(4 marks)

Passage 2:



Video games are good for you!

For years video games have been criticised for making people more antisocial, obese or depressed. But now, researchers are finding that games can actually change us for the better and improve both our body and mind.

Games can help to develop people's physical skills. Pre-school children who played interactive games such as the ones available on Wii have been shown to have improved motor skills. For example, they can kick, throw or catch a ball better than children who don't play these games. A study of surgeons who do microsurgery in Boston found that those who play video games were 27 per cent faster and made 37 per cent fewer errors than those who didn't. Vision is also improved, particularly telling the difference between shades of grey. This is useful for driving at night, piloting a plane or reading X-rays.

It has also been shown that games benefit a variety of brain functions, including fast decision-making without being less accurate. What is more, the best gamers can make choices and act on them up to six times a second, four times faster than most people. In another study from the University of Rochester in New York, experienced gamers were shown to be able to pay attention to more than six things at once without getting confused, compared with the four that most people can normally keep in mind. Additionally, gaming can reduce gender differences. That is, females, for example, who play video games are better able to mentally manipulate 3D objects.

There is also evidence that gaming can help people with psychological problems. At the University of Auckland in New Zealand, researchers asked 94 youngsters diagnosed with depression to play a 3D fantasy game called SPARX and in many cases, the game reduced symptoms of the disease more than conventional treatment. Another research team at Oxford University found that playing Tetris shortly after exposure to something very upsetting can actually prevent people from having disturbing flashbacks.

The effects are not always so positive, however. Indiana University researchers carried out brain scans on young men and found evidence that violent games can alter brain function after as little as a week of play, affecting regions in the brain associated with emotional control and causing more aggressive behaviour in the player. But Daphne Bavelier, one of the most experienced researchers in the field, says that the violent action games that often worry parents most, may actually have the strongest beneficial effect on the brain. In the future, we may see many treatments for physical and neurological problems which incorporate the playing of video games.

(Adapted from: <https://learnenglishteens.britishcouncil.org>)

C. Choose the best alternative a, b, c or d according to Passage 2. (5x2=10 marks)

1. Only relatively recently have people started to realise _____.

- a. the disastrous effects of video games
- b. the favourable effect of video games
- c. how badly gamers are influenced
- d. how depressed gamers can get

2. Very young children showed improved _____ after playing video games.

- a. social interaction
- b. decision-making
- c. movement ability
- d. ability to differentiate between errors

3. What do the best gamers demonstrate?

- a. Violent behaviour.
- b. Reduced stress levels.
- c. Anti-social behaviour.
- d. Quick decision making .

4. Gaming can also benefit people who...

- a. have feelings of great sadness
- b. are diagnosed with dyslexia
- c. make decisions under pressure
- d. tend to annoy others

5. Video games can also affect areas in the brain...

- a. associated with mentality
- b. related to obesity
- c. related to emotions
- d. associated with treatment

D. Match the words in column A, underlined in the text, with the words in column B, according to the text. There are two extra meanings. (5x1= 5 marks)

A	B
1. motor	a. traditional
2. accurate	b. unfriendly
3. manipulate	c. dependent
4. conventional	d. increase
5. aggressive	e. related to movement
	f. skilfully control
	g. exact

PART III: USE OF ENGLISH

(30 MARKS)

A.Fill in the gaps with only ONE suitable word.

(10x1=10 marks)

British boy, 7, dies on family skiing holiday

A seven-year-old British boy **(1)** _____ died on a family skiing holiday in the French Alps after becoming separated from his parents on the piste. Police believe the little boy fell up to 320ft to his death after leaving a marked ski slope in the popular ski resort of Flaine, in **(2)** _____ Haute Savoie region.

It has **(3)** _____ reported that he may have asked his mother **(4)** _____ he could do the last run of the day on his own, before failing to return to his family. Other reports suggest he lost his parents on the slopes, panicked **(5)** _____ he could not see them and took a wrong turn.

Investigators discovered his tracks in the snow. They said that he came to the top **(6)** _____ a cliff, removed his skis and started walking to find **(7)** _____ parents before falling down.

His frantic mother began searching for the youngster **(8)** _____ about 4pm yesterday and after becoming increasingly worried, alerted the piste patrol who launched a proper search.

Rescuers recovered the little boy's body three-and-a-half hours later from the bottom of the cliff. They believe he died instantly, about two hours **(9)** _____ his body was found. The area was described **(10)** _____ a 'dangerous, out-of-bounds area' by emergency services and said rescuers had to be winched down from a helicopter to retrieve the body.

B. Complete the second sentence so that it has a similar meaning to the first sentence, using the word given. Do not change the word given. (5x1=5 marks)

1. They are going to demolish the old cinema tomorrow. **DEMOLISHED**

The old cinema _____ tomorrow.

2. 'It was Lucy who broke the window,' Mark said. **ACCUSED**

Mark _____ the window.

3. The drive to London was so long that we were exhausted. **SUCH**

It was _____ to London that we were exhausted.

4. Olivia regrets not having saved her assignment. **OUGHT**

Olivia _____ her assignment.

5. He didn't buy the computer because it was too expensive. **IF**

He would have bought the computer _____ so expensive.

C. Fill in the gaps with words from the box. There are two extra words.

(5x1=5 marks)

relaxing	research	launch	network	anger	entertain	screen
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Canine TV

A new television channel has started in the USA. It is a special **(1)** _____ for dogs, called DOGTV. It made its premiere in February in San Diego California. The shows are for lonely dogs to watch when their owners go to work. Many canine pets spend long hours alone at home and this makes them feel stressed. Owners of DOG TV say the channel will **(2)** _____ and relax dogs as well as keep them company.

The channel has been so successful that its bosses want to **(3)** _____ it across the USA. Dog owners, who sign up for the channel, will pay \$5 a month. The programmes are made especially for our four-legged friends. Film crews think about what images, sounds and colours dogs like best. A lot of **(4)** _____ goes into finding the best pictures. The head of marketing for DOGTV said: "They love watching other dogs being active on the **(5)** _____." A California dog shelter says the channel helps its dogs stay calm.

D. Read the text and complete the blanks with the correct form of the words in bold.

(10x1= 10 marks)

Choosing the right job

Most people wouldn't do the job they do if it wasn't for the pay at the end of each day, week or month. However, a great number of people want more than just a good salary; that is why they opt for the right **(1) _____**. **(QUALIFY)** There are many things which add up to job **(2) _____**, **(SATISFY)** such as the feeling of enjoyment you get from doing a job that makes you happy. However, what people in **(3) _____** **(EMPLOY)** want from a job varies **(4) _____** **(GREAT)** from person to person.

For some, the chances of promotion make a big difference. For others, working in a **(5) _____** **(CREATE)** environment with other people makes them happier than working alone. When planning your career, you should consider all the **(6) _____** **(ACTIVE)** involved in a job and decide how each one suits your **(7) _____** **(PERSON)**. If you're thinking of becoming a **(8) _____**, **(JOURNAL)** for example, you should consider whether you like meeting members of the public. If you're thinking of becoming an **(9) _____** **(ACCOUNT)** you should consider whether you enjoy detailed work with numbers. Just because one job is better-paid than another, it doesn't mean it's the job for you. Keep in mind that doing a job you really like is always a **(10) _____** **(REWARD)** experience.

Good luck!