

ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ, ΑΘΛΗΤΙΣΜΟΥ ΚΑΙ ΝΕΟΛΑΙΑΣ

ΔΙΕΥΘΥΝΣΗ ΑΝΩΤΕΡΗΣ ΕΚΠΑΙΔΕΥΣΗΣ

ΥΠΗΡΕΣΙΑ ΕΞΕΤΑΣΕΩΝ

ΠΑΓΚΥΠΡΙΕΣ ΕΞΕΤΑΣΕΙΣ ΠΡΟΣΒΑΣΗΣ 2024

ΜΑΘΗΜΑ: ΑΓΓΛΙΚΑ 4ωρο Τεχνικών Σχολών (52)

ΗΜΕΡΟΜΗΝΙΑ: ΤΕΤΑΡΤΗ, 19 ΙΟΥΝΙΟΥ 2024

ΩΡΑ: 08:00 –11:00

ΤΟ ΕΞΕΤΑΣΤΙΚΟ ΔΟΚΙΜΙΟ ΑΠΟΤΕΛΕΙΤΑΙ ΑΠΟ ΕΠΤΑ (7) ΣΕΛΙΔΕΣ

ΟΛΕΣ οι απαντήσεις να γραφούν στο τετράδιο απαντήσεων.

Να απαντήσετε σε όλα τα ερωτήματα.

Πριν από κάθε απάντηση να σημειώνετε τα στοιχεία της ερώτησης.

PART II: WRITING SKILLS

(30 MARKS)

Your school is organising a project to raise awareness about environmental problems. Write an email to the president of the Student Council about an environmental issue you are worried about.

In your email, you should discuss:

- an environmental issue, and what causes it;
- activities students can do to deal with it;
- how the media can help make students aware of the importance of protecting the environment.

Your email should be about 150 words.

Do not write your name anywhere in the email.

PART III: READING SKILLS

(30 MARKS)

Read the passage below and answer ALL the questions that follow.

Powerful Habits of Successful People

Success is a state of achieving desired goals through careful effort and intention. Ultimately, success is determined by your level of subjective well-being—your perceived satisfaction in life. When one’s subjective well-being is high, meaning you’re satisfied with your life, you’ll naturally invest more effort and intention to achieve success. Symbols of success, such as wealth and status, can manifest as a result.

It’s important to remember that success is not defined by the pursuit of **wealth**, fame, material possessions, and social status. Define success on your own terms, achieve it by your own rules, and build a life you’re proud to live. Following are six habits of successful people.

1. They’re constantly reading

According to research findings, 88% of wealthy people devote at least 30 minutes daily to self-improvement reading. Even a historical figure like Albert Einstein was an avid reader and started a book club at Olympia Academy. This shows that enriching your mind with new tools for growth is a **surefire** way to start embodying the habits of successful people.

2. They make time for personal pursuits before work

By 8:30am each day, Oprah Winfrey has brushed her teeth, taken her dogs out, and had coffee. Then she works out for an hour with some low-impact strength training and begins her work after lunch.

While it may seem **counterintuitive**, having a morning routine before work that allows for personal pursuits can significantly benefit overall productivity. 92% of highly effective people have a solid morning routine.

3. They spend focused time each day reflecting

Peter Drucker, the famous author and business consultant, once said, “Follow effective action with quiet reflection. From the quiet reflection will come even more effective action.”

Journaling about one’s thoughts and feelings increases mental performance. Journaling, which involves spending focused time on self-reflection, is an effective technique that allows for more meaningful thought connections. Many successful people, like Richard Branson and J.K. Rowling are said to spend time in daily meditation and self-reflection.

4. They prioritise daily exercise

The role of daily exercise can’t be understated in cultivating success in life. Those with successful daily habits understand that exercise breeds undeniable benefits like a sense of accomplishment, rejuvenation, and improved mental performance. For this reason, even those who have already achieved great success—like billionaire Richard Branson—never compromise on their daily workout. Exercise leads to the secretion of neurotransmitters that promote an improved attention span.

5. They surround themselves with other successful people

When you associate with like-minded people, you absorb their ideas and energy, and they similarly absorb yours, fostering an interconnected exchange of ideas and motivation. The only thing that will change your life, change your business, change your relationship, is that you must raise your standards. If you have people in your life who are holding you back, replace them with healthier connections.

6. They practice positivity and gratitude

A 2021 psychological study found a strong correlation between practicing **gratitude** and having increased happiness levels. Finding time to look inward, reflect on the things you’re grateful for, and develop a positive mindset is **critical** for cultivating

success. A positive mind finds a way it can be done; a negative mind looks for all the ways it can't be done. Essentially, if you practice positivity, you'll see more opportunities than challenges.

Successful people relate positivity to serving others. They believe that only by serving others can positivity continue returning to them. This mindset is called the law of attraction—the belief that positivity out is positivity back in. Author Jack Canfield explains it this way: “The law of attraction states that whatever you focus on, think about, read about, and talk about intensely, you're going to attract more of into your life.”

Adapted from: <https://leaders.com/articles/personal-growth/habits-of-successful-people/>

A. Choose the best answer a, b or c according to the passage. (5x2=10 marks)

1. What determines success is the extent to which you see yourself as being ___ in life.

- a. happy
- b. wealthy
- c. famous

2. People who follow a morning routine, during which they ___ before work, are generally more productive.

- a. create useful products
- b. do high-impact exercises
- c. perform personal activities

3. Entering your thoughts and feelings in a journal is a method of personal ___.

- a. connection
- b. reflection
- c. performance

4. Neurotransmitters, secreted by exercise, improve our ability to ___ on an activity.

- a. compromise
- b. concentrate
- c. negotiate

5. Associating with like-minded people, you will be able to develop effective ___.

- a. interpersonal relationships
- b. business standards
- c. internet connections

B. Write whether the following sentences are True (T) or False (F).

(5x2=10 marks)

1. The majority of the wealthy dedicate specific time to reading everyday in order to achieve a better version of themselves.
2. Peter Drucker suggests that the more we reflect quietly, the less effective our actions will be.
3. If there are people in your life who prevent you from doing something, you should try to get along with them.
4. People with a negative mindset seem to be pessimistic as they tend to see threats in situations.
5. The law of attraction suggests that positive actions and thoughts bring positive outcomes into a person's life.

C. Answer the following questions according to the passage.

(5 marks)

1. What two factors can lead to success? (2 marks)
2. Name three benefits of exercise. (3 marks)

D. Match the words in Column A (which are in bold and underlined in the text) with their meanings in Column B.

(5x1=5 marks)

| Column A | Column B |
|-----------------------------------|-----------------|
| 1. <u>wealth</u> | a. important |
| 2. <u>surefire</u> | b. thankfulness |
| 3. <u>counterintuitive</u> | c. richness |
| 4. <u>gratitude</u> | d. safe |
| 5. <u>critical</u> | e. illogical |

PART IV: LANGUAGE USAGE

(20 MARKS)

A. Choose the correct option a, b or c so that the second sentence has a similar meaning to the first sentence. (5x2=10 marks)

1. Bullying is on a day-to-day increase, and we must respond immediately.

Bullying _____ day by day, and we must respond immediately.

- a. will increase b. increases c. is increasing

2. Whoever does something illegal is a criminal.

Whoever breaks _____ is a criminal.

- a. the rule b. the law c. the habit

3. After camping in the forest for four days, the children saw a wolf.

The children _____ in the forest for four days when they saw a wolf.

- a. had been camping b. have been camping c. were camping

4. The Oriana racetrack was crowded yesterday because many spectators came to the event.

The Oriana racetrack was crowded yesterday because many spectators showed _____.

- a. off b. up c. in

5. Jane didn't like the service of the hotel and complained about it.

Jane was _____ the hotel service and complained about it.

- a. dissatisfied with b. angry with c. sorry about

B. Choose ONE of the words in brackets to complete the passage.

(10x0.5=5 marks)

How to experience the world when you can't travel

There are several reasons why you may not be able to travel at the moment, from health reasons to not currently having the **1. ___ (funds / figures / sums)** to take your dream vacation. When your soul wants to wander and you can't travel, it can be a bit **2. ___ (thrilling / depressing / appealing)**. Here are two ways to experience the world when you can't travel.

Take a cooking class

Learning to cook a new international dish is a fantastic way to experience the world when you can't travel. Not only can it be a way to test your culinary skills, but it also offers a chance to taste the **3. ___ (menu / meal / cuisine)** of a destination that you'd like to visit. If you **4. ___ (are having / have / had)** cooking classes available in your community, you can take one in person or if not, you can take online cooking classes.

Listen to international music

When travelling, I've discovered some great international artists. One of them is Laura Pausini from Italy. I enjoyed her music so much that when I returned home, I **5. ___ (bought / have bought / had bought)** one of her CDs. Listening to her music always takes me back to my **6. ___ (route / trip / voyage)** to Italy.

I heard a quote once that said, "music is the language of the soul" and I couldn't **7. ___ (respond / agree / argue)** more. Even when you can't understand the words of a song, music can act as a tool **8. ___ (who / where / which)** transcends the language barrier and speaks to your heart. That's why I think that listening to music from another country is a wonderful way to immerse yourself in **9. ___ (culture / society / country)** and experience the world when you can't travel.

Depending **10. ___ (in / on / at)** where you live, there may be a variety of options available. One way of finding out when and where these types of events occur is by contacting a local tourism office.

Adapted from: <https://worldonwheelsblog.com/blog/15-ways-to-experience-the-world-when-you-cant-travel/>

C. Complete the following passage by using the correct form of the word in brackets. (10x0.5=5 marks)

Sophia the Robot

Did you know that there are over 3 million robots in the world? They come in **1. ____ (VARY)** shapes and sizes, each designed to perform specific tasks. But the ones that capture our **2. ____ (IMAGINE)** are humanoid robots. These robots are created to mimic human behaviour, movement, and even **3. ____ (APPEAR)** to interact with us more naturally.

One of the most **4. ____ (FASCINATE)** and talked about humanoid robots is Sophia. Developed by Hanson Robotics, a Hong Kong-based company, Sophia has gained worldwide **5. ____ (ATTEND)** for her lifelike looks and remarkable communication skills.

Sophia the robot shows how science, art, and **6. ____ (ENGINEER)** can come together in AI and robots. Her unique personality and research contributions make people wonder if AI can become sentient. With AI advancing **7. ____ (QUICK)**, Sophia shows us endless possibilities in robotics and artificial intelligence.

Sophia resembles a human, with camera “eyes” and microphone “ears” that grant her human-like sight and **8. ____ (HEAR)**, and with specially designed artificial skin. Surprisingly, Sophia can communicate with people using **9. ____ (NATURE)** language. She uses machine learning algorithms to analyse and understand the meaning of human speech, which allows her to carry on conversations with people. Sophia the Robot has been programmed to respond to questions, make jokes, and tell stories. However, she is **10. ____ (ABLE)** to understand sarcasm.

Adapted from: <https://moonpreneur.com/blog/sophia-the-robot/>



- END OF THE EXAMINATION -